

10

THINGS
TO DO

Musical Outdoor Activities for Kids

1

DIY Percussion

Gather some kitchen equipment and utensils from an op shop (saucepans, whisks, wooden spoons etc) and make some drums!

2

Parachute Play

With music in the background, wave a parachute (or a large sheet/piece of material) up and down. So many musical games can be played with this activity! Listen to music that changes from fast to slow.

3

Musical Daydreaming

Play some classical songs on an iPod and blow some bubbles together! Lay down together and look at the clouds while you listen to the music.

4

Musical Hoops

Turn on some groovy dance music and move around until the music stops! Then they need to stop dancing and quickly stand inside a hoop!

5

Musical Water Play

It's time to bring out the wading pools or buckets! Find some bath toys (ducks, boats, fish, frogs etc). There's lots of songs & nursery rhymes you can sing! 5 little ducks, row row your boat, 5 little speckled frogs, swim like a fish and heaps more!

6

Expressive Dance

Use soft, gentle music and watch your child to dance around with silk scarves, streamers and ribbons.

7

Bouncing To The Beat

Grab some outdoor balls for your child to sit and bounce on to music.

8

Painting To Music

Play a variety of genres of music (rock, classical, jazz) while your child paints! Its interesting to watch how your little artists change their painting style from genre to genre.

9

Hobby Horses

If you don't have one you could use a broom stick or even just ride an imaginary horse! Sing Giddy Up Horsey fast and then slow with your child and encourage them to gallop in time!

10

Family Concert

Everyone in the family play an item and make some amazing childhood memories.

Check out www.natureplayqld.org.au for more Nature Playlists and outdoor activities.

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